

RELAPSE QUIZ

1. Relapse begins when you pick up a drink.

TRUE FALSE

2. People relapse because they fail to use willpower.

TRUE FALSE

3. The primary causes of relapse are negative events in the person's life.

TRUE FALSE

4. Relapse is sudden and unpredictable.

TRUE FALSE

5. All recovering persons experience equally strong tendencies toward relapse.

TRUE FALSE

6. Relapse involves a conscious and voluntary choice to drink.

TRUE FALSE

7. Alcohol withdrawal is complete within 5-10 days.

TRUE FALSE

8. The only way to help a chronic relapser is to hope for a spiritual awakening.

TRUE FALSE

9. The alcoholic with a long history of relapse will usually be unable to recover.

TRUE FALSE

10. People relapse because they haven't "hit bottom" yet.

TRUE FALSE